ARE YOU A VICTIM OF VIOLENT CRIME?

It's Normal for Survivors of Crime to Feel:

Fear
Anger
Isolation
Low Self-Esteem
Helplessness
Depression

These emotions can feel even worse if you are alone or you have no one to talk to.

Family members may try to help, but may be overwhelmed with their own feelings of grief, fear or anger after a crime.

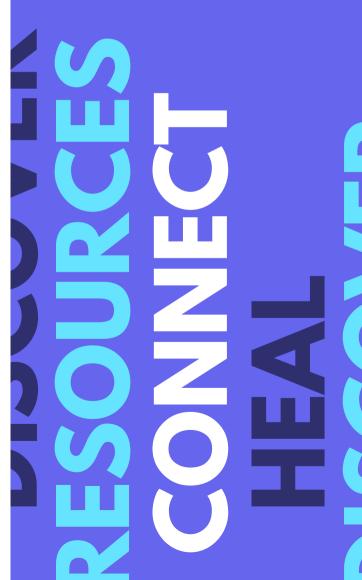
Neighbors, may not know what to say, feel their own fear or discomfort and may distance themselves.



VIOLENCE INTERVENTION PROGRAM

REDUCING GUN VIOLENCE

505-573-6410 VIP Survivors of Violent Crime



24 Hour Helplines

NEW MEXICO CRISIS AND ACCESS LINE 1-855-NMCRISIS (622-7474)

DOMESTIC VIOLENCE RESOURCE CENTER 1-505-248-3165

RAPE CRISIS CENTER 505-266-7711

SUICIDE PREVENTION 1-800-273-TALK (8255)

TRANSGENDER SUICIDE HOTLINE 1-877-565-8860

CHILD ABUSE AND NEGLECT 1-855-333-SAFE (7233) OR #SAFE FROM CELL PHONES

UNM MENTAL HEALTH CRISIS HOTLINE (505)-272-2800



Other Resources

CRIME VICTIMS REPARATION COMMISSION 505-841-9432 WWW.CVRC.STATE.NM.US

SEXUAL ASSAULT NURSE EXAMINERS 505-883-SANE (8720)

VIOLENCE INTERVENTION PROGRAM (GUN VIOLENCE INTERVENTION) 505-908-8452 ANGEL GARCIA, SOCIAL SERVICE

HOMELESS ASSITANCE HELPLINE (505)- 768-HELP (4357)

NAMI 1-800-950-NAMI (6264) OR TEXT 741741 WWW.NAMI.ORG